



Christmas Hamper Campaign

Please help support a Teesside family this Christmas?

Family Dynamics: _____

Ideas of items to include

- Tea / Coffee / Hot Chocolate
- Dilute Fruit Juice / Soft Drinks
- Long Life Bread Rolls
- Breakfast Cereal
- Packet Mash Potato
- Rice/Pasta/Noodles/ Pasta Sauce
- Baked Beans/Ravioli/Spaghetti/Macaroni
- Tinned Carrots/Peas/Tomato/Potato
- Soups – Tinned or Packet
- Tinned Ham/Corned Beef/Tuna
- Tomato Ketchup/Mayonnaise
- Jam/Lemon Curd/Marmalade
- Custard/Rice Pudding/Jelly/Angel Delight
- Tinned Pudding/Biscuits/Cakes/Sweets
- Crisps
- Soap Powder
- Softener
- Washing up Liquid
- Dish Cloths
- Disinfectant Spray/Bleach
- Anti-bacterial wipes
- Air Freshener
- Bin Bags
- Shampoo/Conditioner
- Toothbrush/Toothpaste
- Soap/Body Wash
- Flannels/Sponge
- Baby toiletries
- Nappies/wipes/cream (if applicable)

Plus Christmas goodies and toys/gifts for the family

Please Donate By: _____

Contact for further details: _____

